

## Example Assessor Debrief Questions

Please note, these questions are not intended to be a rigid checklist. Exploration of one of the areas may naturally lead into another area without the participants feeling interrogated. Assessors may find some exploration within the nine main headings will be useful to review the social and educational aspects of the Adventurous Journey (AJ).

### Self-Awareness

- Have you discovered anything new about yourself as a result of the AJ?
- What do you feel you have done well during the AJ?
- What do you feel you could have done differently?
- What was the best part of the journey for you?
- What was the most difficult thing about the AJ for you?

### Relationship Building

- How was the AJ group formed?
- Was it better to work with people you knew / did not know?
- How did you get on with each other?
- Describe the occasions when relationships were hard to maintain.
- What helped maintain / restore relationships in difficult times?

### Teamwork

- Why is it important to work as a team on an AJ?
- Who tended to be the leader?
- Who was the most organised?
- Who helped to maintain the group morale?
- Were there any factors which helped the group work together?
- Were there any factors which prevented the group from working together?

### Taking Responsibility

- Who was responsible for choosing the area / purpose for the AJ?
- Who took responsibility for organising equipment and camp sites?
- During the venture, did one person assume a position of responsibility or was it shared? If it was shared, can you describe how?
- Did any one person take charge in times of difficulty?
- Who is going to be responsible for ensuring that the reports of the Journey are completed?

## Decision Making

- How were the decisions about the nature and location of the AJ reached?
- What influenced the decisions about the route, equipment, menu and dates which were chosen?
- In the light of the experience of this AJ, are there any changes you would make for future ventures?
- Why have you chosen to present a written / oral / video / etc. report?

## Communication Skills

- Why it is important to establish good communication procedures on an AJ?
- What arrangements have been made on this journey?
- How effective were the arrangements during the venture?
- What changes might you introduce in the future?

## Environmental Awareness

- Was there anything about the area of your journey which surprised you?
- What would you suggest are the main issues of concern for those who live and work in the area?
- Describe something you saw along your route which raised in your mind an aspect of conservation?

## Physical Awareness

- What was the worst part of the AJ in terms of your own physical feelings?
- In what ways did you prepare yourself physically for the AJ?
- In the light of experience, are there any other preparations you would make regarding your own physical fitness?

## Personal Reflection

- What does it feel like to have finished?
- Describe one particular memory you will take with you from the AJ.
- What has been the highlight of the AJ for you?
- Were there occasions during the journey when you felt particularly happy / unhappy / sad / thoughtful / challenged / frightened / apprehensive?